

# October Newsletter

BOE



Principal - Mrs. Lorle Bolt

**A message from our principal**

Dear Charger Families,

This year we are focusing on reducing our chronic absenteeism. OAC will reduce the chronic absenteeism of 8.63% rate by 2% for students. Chronic absenteeism is defined as missing ten percent or more of the academic year for any reason, including excused absences, unexcused absences, and suspensions. Based on a 165-day school year, that means approximately 16.5 days per year or 2 days per month.



When students attend school on a regular basis, they are more likely to succeed in their academics and graduate from high school. The responsibility of school attendance for the elementary school falls on the shoulders of the parents or guardians. When a student is absent, it is the responsibility of the parents/guardians to call the elementary office at 1-800-826-9525 ext 2 before or on the day of the absence.

#### POSSIBLE STRATEGIES TO REACH MY CHILD’S ATTENDANCE GOALS:

- I will talk to my child about how going to school every day will help my child do well in school and achieve my child’s hopes and dreams.
- I will keep an attendance chart at home to track absences. Consider using the attached calendar.
- At the end of the week, I will recognize my child for attending school every day with \_\_\_i.e. a visit to the park, a new book, a break from doing chores, a special treat, etc.).
- I will make sure my child is in bed by \_\_\_p.m. and the alarm clock is set for \_\_\_a.m.
- I will find a relative, friend or neighbor who can take my child to or from school if I can not.
- I will set up medical and dental appointments for weekdays after school.
- If my child has a slight stomachache, headache or allergies, and doesn’t have a contagious illness including Covid-19, I will send my child to school. I will call the school or a health provider for advice if my child complains regularly.
- If my child cannot avoid missing school, I will contact the teacher for tips and resources to keep my child learning.

**If your child is struggling to come to school consider setting some goals from the list above. To help improve my child’s attendance, I commit to the following:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

---

### Counselors Corner

What we are learning?

In our classes we are finishing up learning about our emotions and some strategies to regulate them. It is important to be able to regulate your own emotions and that is one of our goals at this level.

We are moving into our lessons about bullying. This is required among all schools. Our kids will focus on what bullying is and how they can handle conflict. We talk about Stop, Walk and Talk. Being able to tell someone to stop being unkind, walk away from them and tell or talk to an adult. We will practice this in class as well.

October/November also brings about Red Ribbon Week. At this age, sometimes it is hard for kids to completely understand what Red Ribbon Week means and why we talk about it. They will get lessons on safe choices, staying away from drugs, etc. but also we will focus on making healthy choices.

We will have a spirit week from October 15th-17th that will focus on a healthy choice each day with some fun theme days to go with it. As always, let me know if you have any questions or if I can help you or your child!



We will be hosting a dental clinic at OAC on November 1, 2024. You may sign up using the QR code in the image below or contact the school nurse for a consent form.

## Free Dental Clinic Coming To Your School!



**Services Provided**

- Exams
- X-rays
- Cleanings
- Fluoride Varnish
- Dental Sealants
- Fillings
- Baby Teeth Extractions

Healthy Futures is a school based outreach program that brings comprehensive dental services to schools.



**All Children Are Eligible**  
We bill KanCare, commercial insurance, and provide care to children who are uninsured at no-cost to families.

**How To Participate:**  
Complete a consent form using the QR code below. Questions? Contact us at [healthyfutures@heartlandhealth.org](mailto:healthyfutures@heartlandhealth.org) or 785.841.7297.

[www.heartlandhealth.org](http://www.heartlandhealth.org)

**SIGN UP TODAY:**



## A Note from the Nurse



Many of you might know that we have two students in our district that are battling Aplastic Anemia & both urgently need a bone marrow transplant. These girls share a deep bond & hope for a brighter future. The family is working closely with The NMDP Registry to help find a marrow match for BOTH of these girls. At Homecoming's Shop the Trail last Friday, the SFT Nursing Department teamed up with the family and other staff to host a Blood Stem Cell Donor Registry event along with their fundraising efforts. At the end of the night, 45 members of our community signed up to get their name on the National Registry List in hopes to find a match, if not for these girls, then for someone else.

It's no more than a cheek swab and answering some questions to get registered - 5 minutes tops. Anyone in the age range of 18-40 can join the registry AT NO COST.

If you are not yet 18 but would like to join, PLEASE REACH OUT TO ME!! I can help you fill out the paperwork and get you on the waiting list. A swab kit will be mailed to you on your 18th birthday.

If you would like to join or have questions, please reach out, my contact information is below. I would be more than happy to walk you through the steps of getting you registered.

You can also find the girl's story and get more information on the following platforms:  
Facebook @ Josie and Lenna Fight On  
Text JosieLennaFight to 61474  
Visit [my.nmdp.org/JosieLennaFight](http://my.nmdp.org/JosieLennaFight).

It's a Great Day To Be A Charger, because TOGETHER we can change lives.

**CONTACT NOW**

Kimberly Kesl, RN

USD 434 DIRECTOR OF NURSING

 **1-800-836-9525 X1172**

 **KKESL@USD434.US**

---

## CrossWinds Partnership

## CrossWinds at School

The partnership between CrossWinds and this USD allows for mental health services and supports to be provided to youth at school.

For questions or to learn more about accessing services, call **620-343-2211** or visit **www.crosswindssk.org**



**CROSSWINDS**  
COUNSELING & WELLNESS



[www.crosswindssk.org](http://www.crosswindssk.org)

---

Students of the Month - Recognized for Respect



---

## A Note from our Specials Teachers



## THIS MONTH IN OCTOBER

- **Art-** October might be my favorite month for Art! We will be introducing Pastels and focusing on blending. This week I was amazed at how well everyone already knew their warm/ cool colors and the color wheel!
- **Explore-** We are going to have a Spooktacular time in Explore during October! We will learn how different cultures celebrate Halloween while adding our own twist to the Holiday. As Halloween nears we will begin Spooky Science Experiments that align with individual grade level standards. Be ready to hear about our EXPLOSIVE time in Explore.
- **Music-** Have you ever heard of Pumpkin Bones? Pumpkin Bones? PUMPKIN BONES! He took all the pumpkins home! Don't be surprised if you hear your musicians singing this very catchy Halloween tune as Pumpkin Bones is here for the first time at Overbrook! This month, we will be focusing on basic music fundamentals in preparation for our upcoming program (K&1) and continuing to expand our knowledge of some music history. Also, as a fun building-wide activity, students will be participating in a Pumpkin Bones scavenger hunt where 32 mini Pumpkin Bone Captured cards will be randomly hidden. If your student finds one, they are to capture the card and return it to myself for a little SPOOKY prize! Happy Halloween!
- **P.E.-** This month in October we are going to play some ghoulish games to practice throwing and catching. Please make sure your kids have a different pair of shoes for PE so that we are not marking up the gym floor.

## EVENTS THIS MONTH

BOOKFAIR  
PUMPKIN BONES SEARCH

---

### Upcoming Dates:

10/11/24

Donut with a grown up!

**Due to large numbers currently signed up please bring a blanket or a lawn chair for seating outside!**

10/14/24

No School

10/16/24

Picture Day

10/18/24

No School

10/23/24

Parent Teacher Conferences 4-7pm

10/24/24

No School

Parent Teacher Conferences 8am-7pm

10/25/24  
No School

10/31/24  
1:30pm Halloween Parade Downtown Overbrook

---

## Picture Day

Picture Day is coming up on 10/16/2024! Order before Picture Day to receive free shipping to the school. Order online at <https://inter-state.com/FlyerEntry/86956NF>.

---

## Halloween Parade & Details

Overbrook Attendance Center is excited to share that our students will parade downtown Overbrook on October 31, 2024 for our annual Halloween festivities. Students will be leaving the school about 1:30pm, stopping at local businesses to share their costumes and spread some spooky fun!

---

## Book Fair

It's Scholastic Book Fair time! From October 28th-November 1st. Come experience the limitless possibilities with your kids. Every purchase benefits our school.



**Lorle Bolt**

Lorle is using Smore to create beautiful newsletters